



## Are you ready for hurricane season?

If you, or someone you know, have special needs such as medical problems, hearing loss, or impaired vision, is there a plan in place when a hurricane is coming?

Planning for possible emergencies is crucial to survival and safety. Do you know someone who needs a person they can count on to help in an emergency?

Team up, find, or become a “Hurricane Helper” and start by making a list of what you need every day, like batteries for hearing aids, medications, equipment, food and water for service animals.

Start storing extras like food and water, a little at a time, so that you have enough to last at least a week or two at home without electricity or a way to get supplies.

Get the latest information and downloadable materials at [TogetherAgainstTheWeather.com](http://TogetherAgainstTheWeather.com).



A program of the Houston-Galveston Area Council



**HURRICANE HELPER:**

**PHONE:**

**PRIMARY PHYSICIAN:**

**PHONE:**

**1. Choose Your Hurricane Helper**

- Who can you count on in an emergency?
- What different ways do you have to communicate with each other?
- Will your Hurricane Helper be with you during a storm?
- Will you travel together if your zip code must be evacuated?

**2. Make a Plan**

- Make a list of things you need every day.
- Make a list of things you need to stay in your home for a week or more without electricity.

**3. Are You Safe At Home?**

- What weather conditions will your home withstand?
- Does your home have safety equipment like smoke detectors, fire extinguishers, and a first aid kit?
- Does your power company, and local fire department, know if you depend on electricity for life-support equipment?
- Do you have back-up power (extra battery, or generator) if you lose electricity?

**4. Be Ready to Evacuate**

- What will you need to be away from home for at least two weeks?
- Are your medical devices portable?
- Do you have a Hurricane Helper to get you safely to a shelter?
- If you have special needs, don't wait until the last minute to make a move.

